



SECTION 2: SCHOOL TEAM DIVISIONS

At Dance Team Nationals, we give every school dance program the space to shine. Whether you are a High School, Middle School, or Elementary School, we've got a division for you!

Group Dance Divisions (School Teams)

Please use the following chart to determine appropriate registration of your team's group dance routines. For high school teams, **Varsity routines** are separated by team size. Team categories correspond to the size guidelines in the same row below, as some size divisions are limited to certain dance styles.

TEAM CATEGORIES		VARSITY ROUTINE SIZE GUIDELINES		
Contemporary	Varsity & JV	Small (5-10)	Medium (11-19)	Large (20+)
Hip Hop	Varsity & JV	Small (5-10)	Medium (11-19)	Large (20+)
Jazz	Varsity & JV	Small (5-10)	Medium (11-19)	Large (20+)
Lyrical	Varsity & JV	Small (5-10)	Medium (11-19)	Large (20+)
Pom	Varsity & JV	Small (5-10)	Medium (11-19)	Large (20+)
Kick	Varsity	Small (5-15)		Large (16+)
Military	Varsity	Small (5-15)		Large (16+)
Novelty/Open	Varsity	Small (5-15)		Large (16+)
Prop	Varsity	Small (5-15)		Large (16+)
Spiritline/Gameday	Varsity	Small (5-15)		Large (16+)
Student Choreo	Varsity	Small (5-15)		Large (16+)
Team Performance	Varsity	Small (5-15)		Large (16+)

Note: JV, Middle School & Elementary school team divisions are NOT separated by size & will be grouped together in the same division (But still separated by dance style).



NATIONAL CHAMPIONSHIP

Extra Small Divisions (Duet/Trio & Ensemble/Select)

There's **no limit** to how many Ensemble/Select or Duet/Trio routines your team can enter at our National Championship event. These routines can consist of any dance style.

EXTRA SMALL DIVISIONS	EXPERIENCE LEVELS
🏆 Ensemble/Select (4-5 Dancers)	Gold
🏆 Duet/Trio (2-3 Dancers)	Silver

Grade Level Solos

The **School Grade Level Solo** division gives students the chance to shine in a solo performance that's tailored to their current experience level and preferred dance genre. It also allows them the option to compete in more than one solo dance style genre, if desired.

SCHOOL GRADES	DANCE CATEGORIES	EXPERIENCE LEVELS
🏆 Grade 12	Contemporary	Gold
🏆 Grade 11	Hip Hop	Silver
🏆 Grade 10	Jazz	
🏆 Grade 9	Lyrical	
🏆 Middle School (6-8)		
🏆 Elementary (K-5)		

Experience Levels

Extra Small and Grade Level Solo routines are entered into either the **Gold Division** for intermediate-advanced dancers, *OR* the **Silver Division** for advanced-beginner to intermediate dancers... ensuring that these routines are placed in a category that reflects your dancers' current experience level, dance skills, and growth goals. Directors should register solos and extra small routines in their appropriate experience level. We do NOT use experience level for registration/scheduling of Small, Medium, and Large group dances.



NATIONAL CHAMPIONSHIP

TITLE SOLO NATIONAL CHAMPIONSHIP

DIVISION	AGE
Miss Dance Team National Championship	16 - 19
Mr. Dance Team National Championship	16 - 19
Teen Title Solo National Championship	13 - 15



Dance Team World's **Title Solo National Championship** is the most elite school dance team solo competition in the United States. This division celebrates exceptional soloists while fostering camaraderie among dancers, coaches, directors & school-based programs from across the country. It is inspired by the historic legacy of [Dr. Kay Teer Crawford \(1914-2001\)](#), inventor of the worldwide dance team competition industry.

Open to dancers ages 13-19 and divided by age group, this division showcases performers who have earned qualifying bids to represent their school and U.S. state at our Dance Team Nationals in Las Vegas.

Participants in this division are evaluated across THREE key areas:

Dance Routine (70%)	Technique Spotlight (20%)	Leadership Panel/Interview (10%)
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Beyond competition, this division empowers school team role model soloists with an experience like no other! Title Soloists connect with peer qualifiers from other states, perform in a collaborative **Closing Show routine**, and attend various events and workshops that celebrate their achievements both at home and on our national stage.

For coaches, this division offers a platform to spotlight your top students with an experience they'll never forget, elevate your program's visibility, and gain national exposure & recognition for the culture you're building within your team and your school community back home.

Participation in this division requires a qualifying bid from a Dance Team World-sanctioned regional event. Click below to explore state-affiliated qualifiers for our Title Solo National Championship... *or contact us to find out how to start your own!*

DANCE TEAM WORLD - SANCTIONED REGIONAL SOLO EVENTS			
California	Colorado	Iowa	Minnesota
South Carolina	Utah	Wisconsin	Michigan
Click To Learn How To Start Your Own Sanctioned Regional Solo Event			



Time Limit Regulations (School Divisions)

The following time limits **MUST** be adhered to for our National Championship event:

- Title Solo 2:00 minutes maximum
- Grade Level Solo 2:30 minutes maximum
- Duet / Trio 2:30 minutes maximum
- Ensemble / Select 3:00 minutes maximum
- Small / Medium / Large 3:00 minutes maximum

Music Upload Requirement: All music must be uploaded to your online registration account at least 2-weeks prior to the event. We have added an additional 5-second grace period for all music files to accommodate for long intros/outros and movement that occurs before/after music. Our online registration system will only allow files to be uploaded that meet this time limit criteria. Please edit music files to meet this requirement.

Additional Group Dance Logistics (School Divisions)

The following guidelines apply to ALL group dance routines (excludes duet/trio & ensemble):

- Each routine must have a **minimum of 5 dancers registered and paid** in order to compete in a team division. If a team drops below 5 performers on the day of the event due to unforeseen circumstances, the routine may still perform without penalty. But 5 dancers **must** have been registered in advance.
 - Teams can use a **different number of dancers for each group routine**, as long as they meet the minimum/maximum dancer requirement.
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